

SHARPNews Note 2001-20
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Fundamentals of HIV-STD Prevention Counseling Course at Camp Pendleton, CA, October 2001

SHARP will conduct the ***Fundamentals of HIV-STD Prevention Counseling Course*** at Camp Pendleton, CA, 30-31 October 2001. Seats are limited to 40 students. This is a 2-day course (0800-1630, both days). There is no registration fee. TAD travel and per diem are the responsibility of the student's command.

To secure a quota, provide the local host with the student's full name, grade, command of assignment, duty mailing address, duty e-mail address, duty phone, and the student's position or specialty. The local host is **HM2 J. Rabideau**, Naval Hospital Camp Pendleton, Box 555191, Camp Pendleton CA 92054, (760)725-1233, DSN: 365-1233, e-mail: jmrabideau@cpen.med.navy.mil.

Continuing Education Credit:

Medical Corps: 13.5 CME hours

Nurse Corps: 14.8 hours

Others: 16 contact hours

Course Objective: This course was developed by the Centers for Disease Control and Prevention based on ***Project Respect***. Participants in Project Respect counseling sessions reported ***significantly higher condom use and 30% fewer had new STDs*** compared with participants in the comparison condition (didactic session). Students examine the various factors that influence risk-taking behavior, and improve their one-on-one disease prevention counseling skills by applying the CDC's 6-step process. Students learn how to help clients identify their risks, understand their options, and develop a plan to reduce their risk of reinfection, and practice these skills in role play scenarios.

Target Audience: The course targets physicians, Navy Preventive Medicine Technicians, PM Representatives, Independent Duty Corpsmen, nurses, counselors, and public health educators, tasked to counsel individual Sailors and Marines regarding sexual behavior risk reduction. Since May 2000, this course has been provided to all new Preventive Medicine Technicians before they graduate from the Navy School of Health Care Sciences.

Suggested Prerequisites: Basic knowledge of HIV/AIDS/STD epidemiology, prevention, and antibody testing is required. The course does NOT review any pathophysiology of STDs. Prospective students are invited to compete any or all the 4 free self-study courses offered through SHARP. See the SHARP homepage at <http://www-nehc.med.navy.mil/hp/sharp/education&training.htm> for more information about these courses.